



School of Nursing
Certified Nursing Assistant
Purpose

The purpose of the Certified Nursing Assistant (CNA) Program is to educate/train individuals to meet the basic care needs of a patient/client base residing in a long term care facility or setting. Students will acquire competencies in the provision of activities of daily living (ADLs), bedside care, and basic nursing procedures. Students successfully completing the classroom, skills laboratory, and clinical components will be eligible to write the Final Competency Examination. Successful exam writers will earn a Certificate of Completion (as mandated by the Department of Health and Hospitals – Health Standards Section) and will hold the credential “Certified Nursing Assistant”.

Institutional (Clinical) Affiliation

Certified Nursing Assistant clinical experiences (training) will be held at Magnolia Manor Nursing and Rehab Center, 1411 Claiborne Avenue, Shreveport, Louisiana 71103.
Pilgrim Manor Guest Care Center, 1524 Doctors Drive, Bossier City, Louisiana 71111.
Shreveport Manor Guest Care Center, 3302 Mansfield Rd, Shreveport, Louisiana 71103.

Student Learning Outcomes

At completion of the program, successful students should be able to:

- A. Provide basic care under the supervision of a Registered Nurse and a Licensed Practical Nurse;
- B. Communicate and interact competently on an individual basis with residents as part of the team implementing care;
- C. Demonstrate sensitivity to the resident’s emotional, social and mental health needs through skillful, directed interactions;
- D. Assist residents in attaining and maintaining functional independence;
- E. Exhibit behavior to support and promote the rights of residents; and
- F. Demonstrate proficiency in the skills needed to support the assessment of the health, physical condition and well-being of residents.

Admission and Completion

Southern University at Shreveport assures equal opportunity for all qualified persons without regard to race, color, religion, sex, sexual orientation, national origin, age, disability, marital status, or veteran’s status. This policy is in accordance with the following:

Title VII, Civil Rights Act of 1964, as amended

Executive Order 11246, as amended

Revised Order Number 4

The Vietnam Era Veteran’s Rehabilitation Act of 1974

Title VII and VIII of the Public Health Service Act – Title IX of the Education Amendments of 1972 – Age Discrimination of Employment Act of 1975



Louisiana Executive Order Number 13 Louisiana

Civil Service Law

Admission Requirements

Students will be admitted to the Certified Nursing Assistant Program in two admission cycles (Terms 2 and 3) during the spring, and fall semesters, and the summer semester. The course will be taught over a 7 ½ week session. Students seeking admission must submit an application to the School of Nursing no later than 30 days prior to the start of each session.

NURC 100: Nursing Assistant 4 Total Credit Hours

Lecture:	3 Credit Hours	Classroom:	45 Clock Hours
Clinical:	1 Credit Hour	Clinical:	45 Clock Hours
(1:3 cr/clock ratio)			

Criteria for Selection

The program is open to all interested persons. **There are no pre-requisite course requirements.** Students selected for the Certified Nursing Assistant Program must be admitted to Southern University at Shreveport. Twenty students will be selected for each admission cycle. This is to maintain a 1:10 faculty-student ratio as mandated by the Department of health and Hospitals (DHH). Students with previous enrollment at Southern University at Shreveport will be given priority. **If the number of applicants is greater than available positions, a wait list will be maintained.**

Expectations

Students admitted to the CNA program will be expected:

1. Have access to a reliable vehicle or transportation to and from the clinical site,
2. Assume the cost of travel to and from the clinical site,
3. Assume any liability associated with travel to and from the clinical site.

Program (course) completion

1. Students must earn an overall grade average of 70% or better (or a grade of “C”) on all unit exams, workbook assignments, course assignments, as well as achieve a grade of “pass” in the lab/clinical component to be eligible to take the Final Certifying Exam.
2. Students must successfully complete the Final Certifying Exam with a 70% or better in order to be certified. Students will have three opportunities to successfully complete the exam. (DHH: Title 48, Public Health – General, Part I. General Administration, Subpart 3. Licensing, Chapter 100. Nurse Aide Training and Competency Evaluation Program).
3. A student that is not successful in the course may repeat the course at its next offering.

Grading Scale

90-100	A
80-89	B
70-79	C
60-69	D
0-59	F

Textbook:

Successful Nursing Assistant Care, 2nd Edition

Diana L. Dugan, RN - Hartman Publishing

<u>Week:</u>	<u>Topic</u>	<u>Chapter</u>
1	Communication & Interpersonal Skills / Infection Control / Basic Nursing Services	
	a. The Nursing Assistant in Long Term Care	1
	b. Communication Skills	3
	c. Communication Challenges	4
	d. Infection Prevention	6
	e. The Immune and Lymphatic System & Cancer	24
	EXAM I	
2	Safety and Emergency Procedures / Basic Nursing Services	
	a. Safety and Body Mechanics	7
	b. Emergency Care, First Aid and Disasters	8
	c. Positioning, Moving, Lifting	11
	d. The Circulatory or Cardiovascular System	19
	EXAM II	
3	Resident's Rights and Promoting Resident's Rights / Basic Nursing Services	
	a. Ethical and Legal Issues	7
	EXAM III	
4	Mental Health and Social Service Needs / Personal Care / Basic Nursing Services	
	a. Diversity and Human Needs and Development	5
	b. The Respiratory System	20
	c. Rehabilitation and Restorative Care	25
	d. End of Life Care	27
	EXAM IV	
5	Basic Nursing Services	
	a. Admission, Transfer, Discharge and Physical Exam	9
	b. Bedmaking and Unit Care	10
	c. Personal Care	12
	d. Vital Signs	13
	e. Nutrition and Fluid Balance	14
	EXAM V	
6	Basic Nursing Services	
	The Gastrointestinal System	15
	The Urinary System	16
	The Musculoskeletal System	21
	The Nervous System	22
	The Endocrine System	23
	EXAM VI	
7-71/2	Student Advisement	
	Review for Final Exam - Required Tutorials	

Final Exam

Written Exam and Skills Exam Skills

- a. Making an Occupied Bed
- b. Taking and Recording a Resident's Vital Signs
- c. Giving a Bed Bath
- d. Positioning a Resident on his/her Side
- e. Performing Range of Motion Exercises