



## TRIO STUDENT SUPPORT SERVICES

Southern University at Shreveport

Jaggy News, Spring 2017, Issue #1

### **TRIO SSS interested in ...**

Providing a personal peer connection to a freshman SSS student?

- Becoming a leader who gives support, guidance and invaluable resources?
- Helping a first-year SSS Student to "beat the odds" by learning to navigate the college life?

Then becoming a Peer Mentor is right for you!

Screening Applications will be available February 15, 2017.

For more information, please contact Kevin Watson at 318-670-9412

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### **Work Smart, Not Hard ... WORKSHOPS AND SEMINARS**

Improve your focus and recall what you read in class, overcome the challenge of textbook reading & learn study strategies to succeed in class. SSS workshop scheduled posted at [Susla.edu](http://Susla.edu) - TRIO Student Support website.

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### **Coming Soon--- Peer Chat Room with The Counselors**

Coming to college represents social mobility; it's fundamentally about improving your lives. At the same time you value where you come from. The First Generation Peer Support Group provides the space in which students can talk about the challenge of being true to who they are while trying to successfully navigate the system of higher education. "By sharing our struggles with each other we are better able to affirm and draw strengths from where we come from in order to achieve our goals.



*From The Director's Pen*

## Welcome Back!

Mrs. Coco, Director TRIO SSS

Welcome back continuing and new students. Welcome to TRIO Student Support Services and SUSLA! By now you have settled into your classes, and hopefully your spring study and other routines. Is it all starting to fit together? No? Oh Yeah, it's college and there can be hiccups along the way.

Make it a point to check in with SSS at least once a week to see a counselor. And finally, we all know the best-laid plans can get interfered with by unexpected events, so ... Have a back-up and communicate:

Think about the "what if's" If I get sick, my car breaks down, I don't get the grade I want on a test, etc. Who needs to know this and how do you want to address these issues? Your TRIO counselor can help generate the answers to the 'What if's', know that stuff happens; its college and life and we never know what to expect. The resilient students (that's

you!) regroup, recover, ask for HELP, and keep going.



# UPCOMING Events



**Don't forget your Cupid Bags for \$1.00  
in Room C15.**

**February 13, 2017, 9am-5pm**

**Sponsor by the *Elite Club***



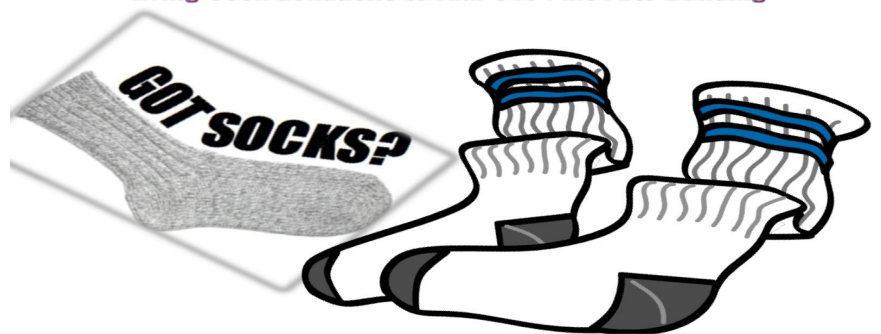
**TRIO** STUDENT SUPPORT SERVICES

*Elite Club*

**TRIO DAY SOCK IT TO ME  
SOCK DRIVE**

**Our Goal: 50 Pair of New Socks**

**Sock Drive donations will be collected from Feb. 1, - March 8 -  
Bring Sock donations to Rm. C15 Fine Arts Building**



What is TRIO Day?

According to the 1986 Congressional resolution, National TRIO Day is meant to focus the nation's "attention on the needs of disadvantaged young people and adults aspiring to improve their lives, to the necessary investment if they are to become contributing citizens of the country, and to the talent which will be wasted if that investment is not made."

College Tour March 15, 2017, Please See  
Your Counselor to Sign-up.



## SSS Dress for Success Challenge 2017

### RULES: Challenge will begin Feb.1, 2017

All persons that participate in the 14 days Challenge must abide by the rules. The Jobs that you are dressing for are listed on the calendar. Please do your homework and check to see how the job profession requires you to dress for that particular job. All participating students must see a counselor or SSS staff for dress success challenge between the hours of 8-5:30pm.

1. You must be an active participant of SSS. Please STOP by and visit your counselor
2. First impressions are everything **dress for success, not to impress! Be clean.**
3. **Young Women and Men NO SAGGING** (if your pants have belt loops you must wear a belt)
4. In order that your name be placed in the \$ 50.00 drawing you must dress for success 8 of the 14 days.
5. Students that are participating must come by the SSS office daily if he/she is participating in the challenge. A picture taken will be taken on a daily basis for the official drawing.
6. NOTE: Your picture will only be used for SSS Newsletter and Dress for Success Slide show for workshops

GOOD LUCK!!!



Cultural Event Coming Soon!!!!

artspace Your Destination for  
Arts, Food & Fun!



710 Texas St. Downtown Shreveport  
(318) 673-6535 / 318-673-6500

# Counselors' Corner



Dear Southern University at Shreveport,

It was indeed an awesome and unforgettable opportunity for myself, Francine Brown to represent at last week's HBCU Entrepreneurial Eco System Initiative. The event was held January 23-25 2017 at Southern University Baton Rouge. The event incorporated business workshops and education with a panel of distinguished guest. Senator Regina Ashford Barrow was in attendance, as well as other local and state leaders on how to build businesses and employment opportunities in our communities. Professor A. Holmon and our Director of Small Business Development, Professor Darrin Dixon led our team coordinating with The Delta Authority's Sanci Richardson, during the pitch competition held in the prestigious Southern University Law Center Moot Room Facility.

One of the highlights of the event was the hands on interaction with President-Chancellor of the Southern University System, Dr. Ray Belton, Dr. Donald R. Andrews as well as Dr. John Pierre, Chancellor of the Southern University Law Center. Special thanks to the leaders of SUSLA's Business and Accounting Department, Dr. Regina Webb, Mr. George Lewis, and also to all the team members, and contestants, Chaelyn Newton and yours truly Francine "Monro" Brown.

~ Deloris Surles, Transfer Counselor

## TELL A FRIEND



We encourage you as TRiO Student Support Services (SSS) participants to **tell your friends about the benefits of participating in the program**, and urge them to apply to the program. We accept applications year-round and admit students during the spring, summer and fall semesters. You can find the TRiO SSS application form on our website <http://www.susla.edu/sssf/> and we are located in **Fine Arts Building Rm. C15**

## TUTORING

- Having trouble understanding the course content?
- Need a little boost to help you succeed in a class?
- Want to prove that you can learn everything there is to know about a particular course?

Come visit the TRiO-Student Support Services program located on the 2nd floor of the instructional center, above the library. TRiO-SSS provides free, individual or small

group academic tutoring in a variety of courses. Tutoring is available on campus and is free for students who are either in TRiO-SSS or [eligible for TRiO-SSS](#). It is offered on a by-appointment or drop-in basis. Peer tutors provide the tutoring services and are available at a range of times. For the current hours tutors are available, please see the [Tutoring Schedule](#)

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## *Educational, Workshop's, Success*

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### **Why SSS Encourage College Student to Get Involved on Campus**

Most students go to college to learn. Most know, or at least soon discover, that their **academic work at college will be different than the work that they did in high school.** They are expected to spend more time studying and there is a higher level of thinking demanded.

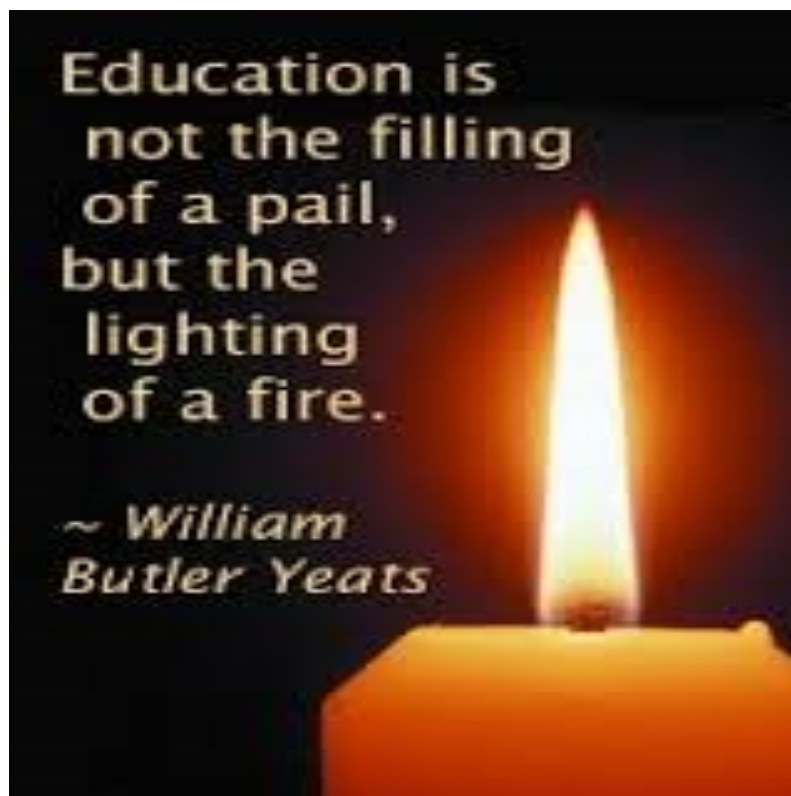
Changing habits can change lives. A quote often attributed to Aristotle states, "We are that which we repeatedly do, excellence, then, is not an act, but a habit."

TRIO SSS ...Helping students to make this an excellent semester!

#### **Prefect Attendance during SSS Educational Workshops**

Justice Beavers	Alexus Van Zant	Lovett Swearington
Zakiya Chambers	MacKenzie Palmer	Jade Edgefield
La-Treva Hill	LaDarius Morgan	Chaelyn Newton
Johnathan White	Marsha Smith	Charles Thomas
Jerjuanika James	Ajanae' Lee	Armesha White
Vicki Nard	Carlissa Pennywell	

Please STOP by and visit with your counselor. Workshop scheduled posted on [SUSLA.edu/SSS](http://SUSLA.edu/SSS).



# REFLECTION OF WORKSHOP IN JANUARY 2017



BUDGET WELL WORKSHOP PART 1



BUDGET WELL WORKSHOP PART 2



SUCCESSFUL STUDY HABITS WORKSHOP



TEST TAKING WORKSHOP



Phone: (318) 670-9412 Fax: (318) 670-6458

Fine Arts Building. RM. C15

## **Staff**

**Karen Coco, Director (318) 670-9324**

**Kevin Watson, Program Support Specialist (318) 670-9412**

**Jay Bell, Education Counselor (318) 670-9327**

**Deloris Surlles, Transfer Counselor (318) 670-9325**

**Linda Robinson, Tutorial Counselor (318) 670-9326**



Southern University at Shreveport does not discriminate on the basis of race, color, national origin, gender, or disability. Section 504 Coordinator: Ms. J. Ellis, Fine Arts Building, Room 11, (318) 670-9473. Title IX Coordinator: T. Bryant (318) 670-9210.