

Associate of General Studies Degree
HEALTH AND PHYSICAL EDUCATION
FRESHMAN YEAR

Fall Semester

SENL	101S	Freshman English I	3
MATH	136	Contemporary Math	3
SBIO	101S	General Biology for Non-Science Majors	3
MUSC	200	Enjoyment of Music or	
SFIA	101S	Understanding the Arts	3
HPRE	200	Introduction to Physical Education	3
FROR	120	College Success	<u>1</u>
			16

Spring Semester

SENL	102S	Freshman English II	3
SPHY	102S	Physical Science I	3
HPRE	130	Standard First Aid	2
BIOL	215	Introduction to Nutrition	3
HPRE	299	Drug Education	3
		Health and Physical Education Elective	<u>3</u>
			17

SOPHOMORE YEAR

Fall Semester

CMPS	101	Introduction to Computer Concepts	3
SPSY	201S	General Psychology	3
SPOL	201S	American Government	3
ENGL	216S, 232S, 20S, or 240S	Literature or	
SHIS	201S	American History or	
SHIS	101S	History of Western Civilization	3
HPRE	110	Principles of Health	<u>3</u>
			15

Spring Semester

SPOL	211S	State and Local Government	3
SSOC	201S	Introduction to Sociology	3
SCOM	201S	Public Speaking	3
HPRE	260	School and Community Health	3
HPRE	216	Team Sports	<u>2</u>
			14

TOTAL CREDIT HOURS: 61