

#### TRIO STUDENT SUPPORT SERVICES

Southern University at Shreveport

Spring 2019, Issue #1

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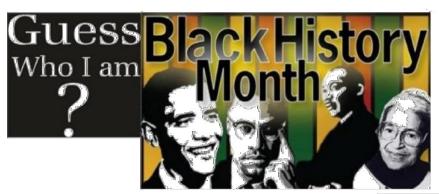
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# Welcome Back SSS Students!

We hope your winter break was relaxing and you are ready to begin a new semester. In addition to tutoring, we will be offering several new programs for you this term and highly encourage you to take full advantage of them. As always, we are here to support you however we can. Good Luck this spring semester! Karen Coco, Director





sss Black History Month Celebration began with Black History TRIVA for all students that visited the SSS office. Guess Who I am? An activity was setup in the SSS office for students to participate. Pictures and Questions were displayed for student to complete the questionnaire and submit. Weekly winners were drawn. A drawing was held at the end of each week.

Winner's of Black History drawing...

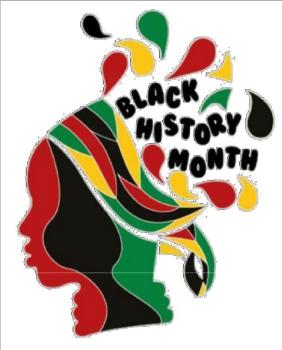
Week 1 - April Hill

Week 2 Sharlaquin

Moore

Week 3- Detrius Adams

Week 4- Rhonda Winn



# 



SSS Students celebrated Valentine's Day with Love, hugs and smiles. Students were able to stuff their own Jaguar and Smile for the camera. There were refreshments, music, and all the students really enjoyed building their own Jaguar for their special sweetheart.







### ELITE CLUB members Share with other's during 2019 TRIO DAY Celebration

TRIO SSS students started collecting nonperishable can good items during the fall months; to share with those who are less fortunate. Students in the ELITE Club were very excited to collect food for the Caddo Parish Food Bank. The SSS Students and Elite Club delivered food Donations on February 16, 2019. 

# 3 Study Tips for Your Midterm Exams

#### by Kaitlyn Lannan

Midterms are coming up quickly for schools on the quarter system, and it's never too early to start preparing for these tests for schools on the semester system. Studying for midterms can be tedious because they don't have as big of an impact on your final grade as finals do, but these smaller tests are a quick way to rack up a lot of points that can help you to finally achieve those straight A's that you've been trying for. Here are some study tips to make it happen!

#### Get rid of distractions.

I find it to be helpful to actually turn off my phone and shut off my computer when I am studying to completely get rid of distracting websites and apps like Facebook and Twitter. Even if you need your computer to study, some applications exist that allow you to block certain websites so you aren't tempted to go on them. One example is <a href="StayFocusd">StayFocusd</a> available on the Google Chrome web store. Applications like these will also help you to waste less time on these sites as a whole, even when you don't have midterms coming up.

#### Take notes while doing class readings.

It is so easy to skim the readings for a class and then forget the material by the time midterms come around because you don't have any notes to refer to. Taking notes while doing the reading will also help you to internalize the meaning of a tough text, even if the task seems tedious and time-consuming.

#### Go to office hours.

Going to office hours can be intimidating at first, but it is the best way to get both one-on-one instruction from your professor and to <u>build a relationship with them</u> for future letters of recommendation. In a large lecture class, it is almost impossible to ask all the questions you need to ask to the professor due to the size of the class. Office hours offer a remedy to that. Professors notice who comes to office hours and it may end up being the deciding factor in a close letter grade.

These study tips can help you during the rest of the school year too, and help you to form good study habits for the rest of your time in college.



# **Student Support Services Induction Ceremony**

The Induction Ceremony

Spring 2019

Student Support Services Induction Ceremony for new Trio SSS students was held on February 19, 2019 at 10:30 a.m. in the Alphonse Jackson Building. The theme was "Student Support Services is our Strength and our Guide for our Students. Speaker for Induction Ceremony, Marquis Hall, a past SSS participant, and Coordinator of Testing Center at SUSLA. Mr. Hall maintained the audience's interest throughout the presentation. After the new inductees took their Trio SSS oath, final remarks were given by the Director, Karen Coco. Refreshments were served in the SSS the office for all our participating students.

Here are some of the inductee for Spring 2019:

**Detrius Adams** 

Stanley Williams

**Eriqua Vance** 

April Hill

**Alexis Claggett** 

Tiffany Blagley

Ja'Braylyn Gibson

**Natalie Sims** 

D'Arius Roland

Ameerah Jones

Marvell Asberry

Terrononesha Lubom



Mr. Hall on the left with our Educational Counselor Mr.

# Student Support Services Honorees

SSS Honors fall semester, full-time undergraduate students with a current 3.50 GPA and above. Here are the list of the honorees for the Fall Semester:

Kathleen Adger - 3.53

Tyrus Allen - 4.00

Mya Brown - 3.53

Tracy Clark - 3.68

Mia Demming - 3.85

Tawana Hendricks - 3.64

Overton Jefferson - 3.60

Tamon Johnson - 3.76

Brittany Jones - 3.85

Jasmine Lampkin - 3.75

Jessica Lowery - 3.51

Dominique Mayweather - 4.00

LaTreyus McDaniel - 3.73

Virgie Pickens - 3.75

Adrian Remo - 3.86

Malig Smith - 3.72

Yondra Smith - 4.00

Mary Steele - 3.60

Kelsey Stegall - 3.79

Tribecca Travis - 3.54

Desmond Vaughn - 3.86

Moneat Washington - 3.63

Michaela Williams - 3.71

Michele Williams - 4.00

Unique Woodard - 3.70

Beatrice Wright - 3.77



keep up the Good Work!



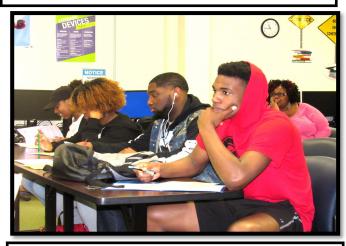
Motivational Seminar 2019. Our guest speaker, Mr. Steven Grant, principal of Green Oaks High School. Theme: "A Step in the Right Direction...Climb the Ladder of Success"



Mr. Grant with some of our SSS Presenters and our Director Mrs. Karen Coco.



How to Make it on a College Budget Workshop



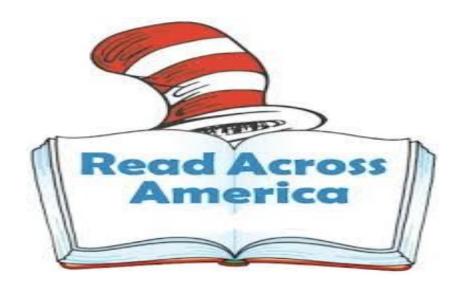
Best Way to Retain Test Taking Skills Workshop



**Financial Literacy Workshop** 



**Breaking Bad Study Habits Workshop** 



Trio SSS and the William Center celebrate Read Across America and Dr. Seuss Birthday with students at Cherokee Park Elementary on March 1st .











# College Tour

TRIO SSS students visited Southern Arkansas University for a college tour on March 6th. During the tour they were able to view various academic building and eat lunch in the dining hall with other students.











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