



Students of SSS **Newsletter**

TRIO STUDENT SUPPORT SERVICES

Southern University at Shreveport

Fall 2019, Issue #1

WELCOME BACK!!!

WELCOME - TRIO SSS Participant:

I would like to welcome you back and encourage you to attend tutoring to fully enhance your academic potential during the Fall 2019 semester. I personally invite you to come by the SSS office to discuss any concerns about your educational plans with your TRIO SSS counselor.

You are encouraged to take advantage of the free services offered by Student Support Services (SSS), which include:

Academic Counseling/Advisement

Tutoring Services/Supplemental Instruction (SI)

Educational/Motivational Seminars

Cultural Enrichment

Computer and software Technological Assistance

Transfer/ Graduation Services

Elite Club/Mentors Unleashed

Supplemental Grant Aid

Study Aids

Listed below is the SSS Lab Location. We encourage you to take full advantage in using the Lab (Math, Science and English).

Located in the NCR Building F - Room 101

Each participant is encouraged to visit his/her counselor three times a semester and to attend at least three activities included in the student agreement. TRIO Student Support Services focuses on problem solving, decision-making and discovering personal meaning related to learning and development. By utilizing the assistance of TRIO Student Support Services, academic progress can be achieved each semester. Your lack of participation would indicate a disinterest in services and could result in your name being removed from our current roster. Therefore, please take advantage of all the services offered to you.

Please come by our office at least once week to sign in and say Hello! Because "Students are our Priority Everyday"

Karen Coco, Director

TRIO Student Support Services

MEET YOUR COUNSELOR

Please stop by and visit with your counselors. October 10th, 12th, 16th, 24th, and 30th. We are here to serve you.

Rosilyn Williams is an accounting major here at Southern University Shreveport and a native of Natchitoches, La. She is a native of Natchitoches, La. Rosilyn is the youngest of five children and attending college has been a lifelong goal. After graduation from the great C.E Byrd. Rosilyn enrolled at SUSLA. Although she has encountered bumps in the road, her faith in God has allowed her to continue. When obstacles come her way Rosilyn is reminded of a quote by Winston Churchill, which states, "Success is not final, failure is not a fatal; it is the courage to continue that counts." Rosilyn plans to attend Southern University in Baton Rouge in the fall of 2020.

Congratulations Rosilyn Williams!



Study Habits of Successful Students

Donald Chinn

Basic Study Habits

Attend class every day.

Read the textbook.

Do the assigned homework.

Pay attention in class.

Take the exams.

Prepare for Success

Read the introduction of the textbook before the course begins. Read the syllabus of the course before the course begins.

Read sections in the textbook before the lecture on those topics.

Read the homework assignment the day it is distributed to get an idea of what it is and how long it will take to complete it; start early on the assignment.

Engage the Material

Reread *and understand* sections in the textbook after the lecture on those topics.

Do problems other than the assigned work (typically two to three times as many as in the homework). Practice, practice, practice.

Talk to other students in the class about the material in the class; ask questions in class.

Talk to the instructor in office hours when having troubles in the course.

Practice Excellence

After completing your homework, let it sit for a while (a day) and then *recheck* your work.

Invent problems related to the material in the course – and then solve them.

Regularly talking to others in the class (or mentors) to discuss the material, solve problems, and check each other's work.

Regularly meet with the instructor to discuss the material in the class, not just when in trouble.

More Habits of Effective Learners

Do outside reading and relate it to what you are learning in your classes.

Establish a “learning network” – a group of people you can talk to about classes.

Demand excellence of yourself: anything less than an A or B is unsatisfactory.

Demand excellence of others.

Homework Tips

On the day the assignment is distributed: read each problem on the homework and understand what the problems ask for.

On the day after the assignment is distributed: read and understand the parts of the textbook related to the problems. (Don't just try to look for answers to the homework problems.)

Two days after the assignment is distributed: try solving the problems. Talk to others about the problems.

Write up complete solutions *at least* one day before the assignment is due.

A day after writing up your complete solutions, check your answers for errors.

Recommended Reading

Professors' Guide to Getting Good Grades in College by Lynn F. Jacobs and Jeremy S. Hyman.

First in the Family: Advice About College from First-Generation Students by Kathleen Cushman.

WELCOME WEEK 2019



Fall 2019 Workshops and Motivational Seminar



Motivational Seminar Fall 2019
"Geared Towards Excellence"



Motivational Seminar Fall 2019



Students in the tutoring lab



Students studying for their exam.



Dealing with College Stress Workshop



Math Anxiety Workshop

SSS Student of the Month

October 2019



Mr. Thaddeus Morris, Jr.

Thaddeus Morris, Jr. is an incoming freshman for 2019-2020 semester. He is very energetic and has a positive attitude. He very self-motivated and take time to pray before he start each day. Thaddeus is also a student worker for Student Support Services. He also served as SSS student speaker for this year Fall 2019 Motivational Seminar. Thaddeus was very encouraging to his fellow classmates; He said, "The sky is not the limit; Go beyond the clouds." Congratulations Mr. Thaddeus Morris Jr., Keep up the good work!

College Tour to Jarvis Christian College



Jarvis Christian College Tour

TRIO Student Support Services travelled to Hawkins, TX on Thursday, September 19, 2019 to Jarvis Christian College. The tour guides from the Office of Admissions and Recruitment began the tour by gathering information on each student in reference to enrolling in a 4 -year institution. They shared important information on out of state fee waivers, various scholarships and campus housing which all proved to be beneficial to our students. The students visited the chapel which Jarvis enrolled students are required to attend every Tuesday. Other interesting locations were the student apartments and the campus historical museum. The final leg of the tour was a delicious, hot lunch in the dining hall. The college tour to Jarvis offered the student an opportunity to get a real feel of the college campus and what the college had to offer.

MEET YOUR TUTORS

"Students are our Priority"



Meet **Dominique Jones**, 2019-2020 Math and Science. Math 088, Math 089, Math 095, Math 133, Math 135, Biol 200, Biol 220, and Chem 130 tutor.



Meet **Elexis Nicholas**, 2019-2020 Math. Math 089 and Math 200 tutor.



Meet **Mya Brown**, 2019-2020 Science. Biol 200, Biol 222, and Chem 130 tutor.



Meet **Professor Joyce Cottonham**, 2019-2020 English and the Writing Lab tutor.

All Student are encouraged to attend at least 3 workshops each semester.



FALL 2019



WHEN	TIME	DAY	WHAT
August 26, 2019	10:30am/1:30pm	Monday	Make College Life a Success "WELCOME WEEK"
August 27, 2019	10:30am/1:30pm	Tuesday	Goal Setting and You "WELCOME WEEK"
August 28, 2019	10:30am/1:30pm	Wednesday	Which way to Go-Scavenger Hunt & SUSLA Visual Tour "WELCOME WEEK"
Month of September 09/05, 09/12, 09/19, 09/26	All Day	Thursday & Monday	Orientation for SSS Students "Know Your Counselor" in SSS Office
September 4, 2019	10:30am/1:30pm	Wednesday	Math Anxiety "Over Come Fear of Math"
September 10, 2019	10:30am/1:30pm	Tuesday	"Get Smart" Test Taking Skills Workshop
September 11, 2019	10:30am/1:30pm	Wednesday	Successful Study Habits Workshop
September 16, 2019	10:30am/1:30pm	Monday	Dealing with Stress
September 18, 2019	1:00pm/TBA	Wednesday	Fall Motivational Seminar & Induction Ceremony
September 19, 2019	All Day	Thursday	COLLEGE TOUR – Jarvis Christian College
September 23, 2019	10:30am/1:30pm	Monday	Time Management Workshop
September 25, 2019	10:30am/1:30pm	Wednesday	Dress for Success Workshop "Pretty Wednesday"
October 1, 2019	10:30am/1:30pm	Tuesday	Test Taking Tips
October 2, 2019	10:30am/1:30pm	Wednesday	Money Management
October 3, 2019	10:30am/1:30pm	Thursday	Ralph & Kacoo's Workshop/ Etiquette Class
October 7, 2019	10:30am/1:30pm	Monday	How to Write A Research Paper
October 8, 2019	10:30am/1:30pm	Tuesday	Study Skills
October 14, 2019	12:00pm	Monday	Round Table, Real Talk
October 17, 2019	All Day	Thursday	COLEGE TOUR- Alcorn State University, Lorman, MS
October 21, 2019	10:30am/1:30pm	Monday	Career Workshop

TRIO

STUDENT SUPPORT SERVICES

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Staff

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Southern University at Shreveport does not discriminate on the basis of race, color, national origin, gender, age, disability or any other protected class. Title IX Coordinator: Dr. Tuesday W. Mahoney, Johnny L. Vance, Jr. Student Activity Center, Room 208, (318) 670-9201. Section 504 Coordinator: Ms. Jerushka Ellis, Health & Physical Education Complex, Room 314, (318) 670-9367.