

Trio SSS

Jaggy News

Fall Newsletter

Issue no. 1

Academic Success Minds Under Construction



Hello TRiO SSS Students and Welcome to Fall 2015!

As we approach a new semester, I would like all of you who have declared a major to stop and ask yourself the following questions:

- Does the subject fit your interests, abilities and skills?
- How well does this major match your personality and strengths?

If the answer to these questions is “No”, “Not well” or “I’m not sure....”, then let me take this further by asking:

- Have you thought about what you *value* most in life?
- Did you select this major based on suggestions or influence from others – such as family members or friends – *rather than listening to what is important to YOU?*
- Was this a major that you selected based on a preconceived notion in high school that “this was the only path” to get you into a certain type of career?

• What is really the “driving force” that is keeping you in this major? At the beginning of each semester, I usually have a few students come to me wondering what they can do to perform better THIS semester in their major. I hear them tell me that they do the work, go to class, read the material, form study groups and write the papers but I don’t hear the “passion” in their words. Rather than *expressing true excitement* about what it is next that they will learn, I hear them heading into the next semester with a sense of drudgery or boredom. I ask them, “If this is how you feel about this area now, what makes you think you will enjoy it more as a career?”

Did you know that according to some research, the typical student who starts their first year of college with a declared major will change it three to five times?

On the Career Center website, three of the top ten career myths are:

- There is one perfect job for me.
- My major is going to lead to my career.
- I will have only one career in my lifetime.

Keep this in mind: *it is OKAY to make changes!* According to statistics gathered in a survey by an economist who works for the U.S. Bureau of Labor Statistics (BLS), most of the 10,000 individuals who participated had averaged 10.8 jobs between the ages of 18 and 42!

If you would have questions about your major or possible future career path, the

TRiO SSS staff would love to meet with you and help you explore various options or alternatives. We also encourage you to make an appointment with one of the Counselors. They will be happy to assist you with learning more about how your interests, skills, personality, strengths, abilities and values can guide you to a major and a career which will bring you the greatest satisfaction!

Best of luck this semester! We look forward to seeing you soon!

~ Karen Coco, Director
“I’m Third”



September 2015

Motivational Seminar 09/15 @ 10:30 am

Elite Club Meeting 09/22 @ 2 pm

Resume' Writing Tips 09/17 @ 10:30 am and 1:30 pm

Fall College Tour Northeast LA 09/23, All Day

October 2015

Money Management 10/01@ 10:30 am, 1:30 pm

Elite Club Meeting 10/06 @ 2 pm

Excel Workshop 10/13 @10:30 am, 1:30 pm

Resume' Writing Revamp 10/15 @10:30 am, 1:30 pm

PowerPoint Skills Workshop 10/20 @ 10:30 am, 1:30 pm

Student Support Services
Transfer/Graduate Services

Fall 2015

For those interested potential graduates fall 2015, there will be a college campus visit to Wiley. Before scheduling a date, I would like to visit with the potential interested graduates to inform them of the purpose of the college visit and the information and paperwork that can be completed one on one with Wiley's academic staff. It is then that a date will be scheduled for the visit and you may sign up for this event at that time. Please remember to complete the necessary paperwork with your counselor if you plan to complete your final coursework in December 2015. If you have any questions or concerns regarding the Wiley College visit and the transfer process contact dsurles@susla.edu via email or call me 318-670-9325.



MOTIVATIONAL QUOTE:

Infuse your life with action. Don't wait for it to happen. Make it happen. Make your own future. Make your own hope. Make your own love. And whatever your beliefs, honor your creator, not by passively waiting for grace to come down from upon high, but by doing what you can to make grace happen... yourself, right now, right down here on Earth.

~ Bradley Whitford

**EDUCATIONAL QUOTE OF
THE MONTH:**

"Education is the key to unlock the golden door of freedom."

~ George Washington Carver

**FREE TUTORIAL TO ALL SSS
STUDENTS**

Tutoring is going on in the NCR Building Room 101. We helping with Math, English, and Science.

IT'S FREE!!





Fall

Trio Student Support Services

Trio Student Support Services Tutorial Lab News Article

Hello Jaguars,

I'm excited about this semester and I know that you are as well. Trio Student Support Services Tutorial Lab is here for you and our theme for the Fall 2015 semester is "**Academic Success Minds Under Construction.**" To our new students, great things are in store for you as you embark on this new journey at SUSLA. Please take advantage of the opportunities here on campus by getting and staying involved. However, please don't forget that your education is **Priority #1**. To those of you returning, continue on that road to success and you will soon reach your destination which is **GRADUATION**.

Let's talk more about Tutoring and what it can do for YOU---

What is Tutoring?

Definition of Tutoring

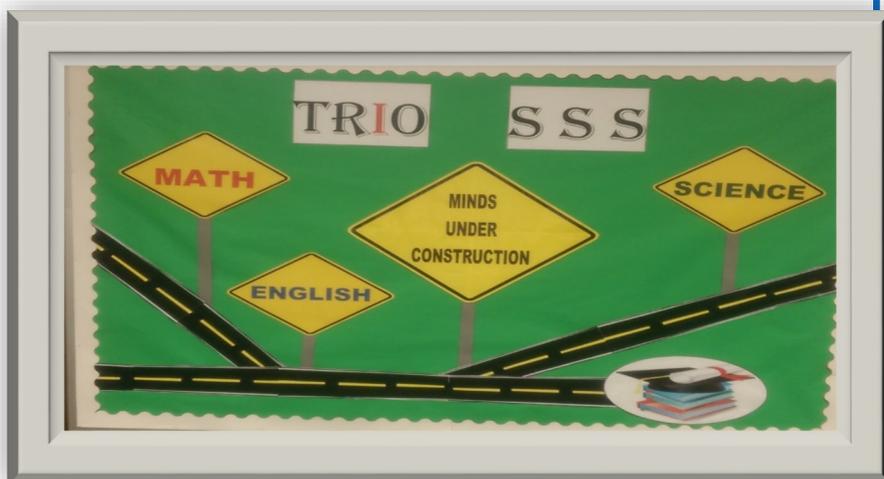
A tutor is a helper. The dictionary defines tutoring as helping students improve their learning strategies in order to promote independence and empowerment. The purpose of tutoring is to help students help themselves, assisting them to become independent learners and thus no longer needing a tutor. A tutor should strive to tutor himself/herself out of business.

Since you have the definition and you know just a bit more about tutoring, don't hesitate to stop by the Tutorial Lab located in the **NCR Bldg., Rm. 101** and get acquainted with our tutors. Assistance is provided in the areas of **Math, Science, and English**. The **Math tutors** are Israel Abayomi, Faith Adefemi, Teri Moreland, and Adeyinka Oyebowale. **Science tutors** are Israel Abayomi, Faith Adefemi, and Mariam Ayinde. The **English tutor** is Israel Abayomi. A copy of the tutoring schedule will be sent via email and posted on the board located outside of the tutorial lab. **Remember to Keep Calm and Get A Tutor!**

Much Success,

Linda Robinson

Tutorial Coordinator/Counselor



TRiO

WORKS!

Fall 2015



A Look Back

Recognition

Program April 2015

Hey SSS Jaggy Nation,

It is a new semester and I am so excited. This fall semester our Theme is "Academic Success Minds under Construction." We are here to construct your minds and whip it into shape. We are here to help you notice all the construction zones and help you along the path to graduation. Remember there will be bumps and pot-holes always in your path, but just focus and let your counselors be your guide. Watch out for precaution signs. Slow down and take a deep breath. Just in case you encounter "Slippery When Wet", and happen to fall, get up and try again. Be careful of the "Detour" signs like peer pressure. You are different for a reason. Love yourself first. You have "One Way" path to succeed through tutoring in Math, English, and Science. Sometimes you have to "Stop" and think and evaluate yourself. You also have to verify what is important to you. Your education is the key to your success and then you will have a relief when you see the "End Construction" sign.

~ Mr. Kevin Watson

Program Office Support Specialist



The Elite Club Queen and Officers Elect

Miss Elite 2015-16

Mrs. Terry Moreland



President

Mr. William Coleman, Jr.



Secretary

Ms. Raven Nash



Co-President

Ms. Carneisha Johnson



Vice President

Mr. Ja'Quayveon McGee



Sergeant at Arms

Ms. Arlecia Dantzler



Parliamentarian

Mrs. Roberta White



**KEEP
CALM**

AND

GET A TUTOR



TRIO Student Support Services Staff

Karen Coco– Director

Cleodis Bell– Education Counselor

Linda Robinson-Tutorial Counselor

Deloris Surles– Transfer Counselor

Kevin Watson– Program Support Sp.

**TRIO Student Support Services
Fine Arts Building C-15**

Southern University at Shreveport does not discriminate on the basis of race, color, national origin, gender or disability.
Title IX Coordinator: Ms. Jerushka Ellis, Fine Arts Building, Room C11, (318) 670-9473. Section 504 Coordinator:
Ms. Linda Hines, Fine Arts Rm. C 01 (318) 670-9480.